

4 WAYS OF LEADING IN THE WORLD

AS ME

Life is me

Posture: At one with all
Experience: Peace, spaciousness
Beliefs: There is just oneness. There are no problems, and no one to “solve” them.
Key Question: No more questions – just knowingness
Benefits: Experience oneness & non-dualism. Unlimited freedom & peace.

ONENESS

THROUGH ME

I cooperate with life happening

Posture: Co-creator
Experience: Allowing, flow, wonder and awe
Beliefs: I am the source of all meaning I experience. Things are perfect, whole and complete. Life handles all apparent “problems.”
Key Question: What wants to happen through me?
Benefits: Non-attachment. Unlimited possibility, plenty of everything

SURRENDER

TO ME

Life happens to me

Posture: Victim
Experience: Blaming and complaining
Beliefs: There is a problem. Someone is at fault. Someone should fix this.
Key Question: Why me? Whose fault is this?
Benefits: Experience separateness, drama as entertainment, and adrenaline high. Supports empathy toward others.



BY ME

I make life happen

Posture: Creator
Experience: Curiosity, appreciation
Beliefs: Problems are here for me to learn from. I created the problem, so I can solve it.
Key Question: What can I learn? What do I want to create?
Benefits: Personal empowerment. Define your wants & desires.



RESPONSIBILITY