

# 4 WAYS OF LEADING IN THE WORLD

## AS ME

*Life is me*

**Posture:** At one with all  
**Experience:** Peace, spaciousness  
**Beliefs:** There is just oneness. There are no problems, and no one to “solve” them.  
**Key Question:** No more questions – just knowingness  
**Benefits:** Experience oneness & non-dualism. Unlimited freedom & peace.

ONENESS

## THROUGH ME

*I cooperate with life happening*

**Posture:** Co-creator  
**Experience:** Allowing, flow, wonder and awe  
**Beliefs:** I am the source of all meaning I experience. Things are perfect, whole and complete. Life handles all apparent “problems.”  
**Key Question:** What wants to happen through me?  
**Benefits:** Non-attachment. Unlimited possibility, plenty of everything

SURRENDER

## TO ME

*Life happens to me*

**Posture:** Victim  
**Experience:** Blaming and complaining  
**Beliefs:** There is a problem. Someone is at fault. Someone should fix this.  
**Key Question:** Why me? Whose fault is this?  
**Benefits:** Experience separateness, drama as entertainment, and adrenaline high. Supports empathy toward others.



## BY ME

*I make life happen*

**Posture:** Creator  
**Experience:** Curiosity, appreciation  
**Beliefs:** Problems are here for me to learn from. I created the problem, so I can solve it.  
**Key Question:** What can I learn? What do I want to create?  
**Benefits:** Personal empowerment. Define your wants & desires.



RESPONSIBILITY