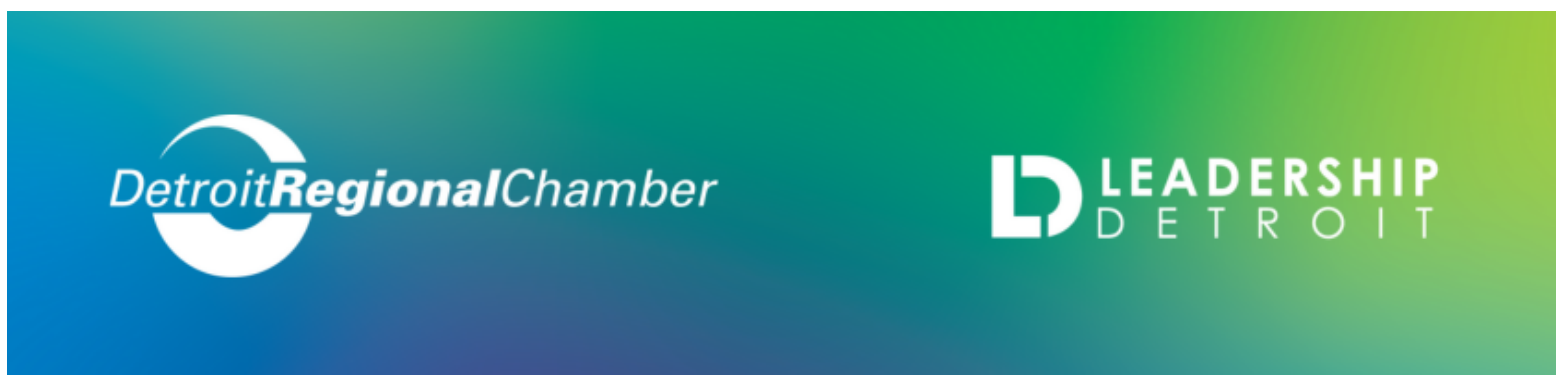

Know Before You Go: LD 47 Health and Wellness

Click [here](#) to view this email in your browser.



Know Before You Go: Health and Wellness

Hello LD 47,

The Leadership Detroit team looks forward to welcoming you all to the upcoming Health and Wellness session and reconnecting with the cohort.

This session will offer a broad look at Michigan's health care landscape and its impact on the Detroit Region, exploring how our health care systems operate, the factors driving costs and affordability, and the role of public policy in shaping access to care. We will also explore how community-based health care organizations are rethinking traditional models and developing innovative approaches to addressing healthcare needs and improving access for residents across our region. The conversation will touch on the personal side of wellness, with space to explore the factors that contribute to stress and burnout, and how leaders can build resilience in their work and lives. We will also explore best practices to enhance health and wellness within your organizations and among your teams.

As always, the agenda for each session is available [online](#). Participants are encouraged to review the details below and come prepared with questions to help shape a meaningful and engaging experience. Any remaining inquiries may be directed to Id@detroitchamber.com.

Session Details

Thursday, Oct. 15



Time

8:30 a.m. to 5 p.m.



Location

The Corner Ballpark - Detroit PAL
2nd Floor
1680 Michigan Ave.
Detroit, MI 48216
([Directions](#))



Parking Options

Free lot parking is available at Cherry St. and Cochrane St.
([Directions](#))

Additional free street parking and paid lots are available nearby.



Attire

Business Casual



Meals

Breakfast and lunch will be provided.
Signature Plating Catering



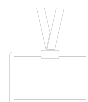
Social Hour

The Yard at Corktown
1375 Michigan Ave. Detroit, MI 48226
([Directions](#))

Participant To-Dos:



If you kept your name tag lanyard, please remember to bring it to next



Email **Pilar Doakes** to receive your complimentary registration for the

Complete the **Orientation session**
survey.

session.

2027 Detroit Policy Conference, as it
is included for all LD 47 participants.

Resources

Missing a session? Fill out the **absence form**.

Check out the **LD 47 Class Resource page** for the
agenda, photos, and presentation slides for each session.

*For questions, please contact Leadership Detroit at **ld@detroitchamber.com**.*

Thank You, Class 47 Presenting Sponsor

**THE
KRESGE
FOUNDATION**

Thank You, Session Sponsor



Thank You, Class 47 Scholarship Sponsor

M&MFisher
Max M. & Marjorie S. Fisher Foundation

Follow Leadership Detroit on social media for the latest news and events.



detroitchamber.com

One Kennedy Square | 777 Woodward Ave., Suite 800 | Detroit, MI | 48226

You are receiving this email because you and/or your company are subscribed to Detroit Regional Chamber and/or MichAuto email lists. To manage your email preferences, [click here](#). If you want to unsubscribe from ALL Chamber and MichAuto emails, [click here](#).

Best,

Dorian Grey

Senior Director, Leadership, Entrepreneurship & Innovation

Detroit Regional Chamber

(P): 313.596.0335

